

Access at NLN Athlone Free Training! Enrolling Now



ACCESS is a person-centred programme that aims to equip individuals with opportunities to **maximize** their **independence**, develop **personal and social skills**, make **transitions** and **personal progression**, maintain **health and well-being** and achieve **inclusion in one's own community**

Modules include:

- *Independent Living Skills
- *Literacy & Numeracy
- *Personal Development
- *Social Skills
- *Healthy Lifestyles
- *Leisure and Creative Skills
- *Computer Skills
- *Self-Advocacy & Confidence Building
- *Community Networking
- *Health and Safety
- *Job Seeking Skills
- *Work Experience

Certification: QQI, Safe Pass and Manual Handling

For more information,
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